

Run for Life Event 2016

Our annual fundraising campaign, *Run for Life*, took place on the 17th November this year and it was back bigger and better than ever, with our eyes set firmly on another huge fundraising target. We launched the event in early October with the help of our RFL ambassadors Richie Sadlier, Paul Mannion, David Gillick and David Byrne along with the Minister for Transport, Tourism and Sport, Shane Ross and since then students have been going all out to help raise as much money as possible for the many worthy charities we donate to each year. On the morning of our *Run for Life* event our junior students braved the harsh conditions of wind, rain and even snow in their bright green Run for Life 2016 T-shirt to take part in a morning of fun activities.

Each year took part in a 40 minute session of Soccer, Dance and of course our most important event, the sponsored *Run for Life* itself. Having spent some time playing soccer on the Astros, students then made their way around our *Run for Life* track and finished up in the Sport's Hall, taking part in a session of Dance with Ms Mulligan, Ms Monaghan and Ms Power. A new edition to our Run for Life event, students warmed up after their run with a full group 'Rock the Boat', followed by a number of other dance routines. Each year really got into the spirit of the morning with first year students engaging in a dance off with visiting first year students of nearby Raphaella's while second and third years attempted the popular 'Mannequin Challenge.' Students all seemed to thoroughly enjoy the morning's entertainment! The morning came to a close with our *Run for Life* ambassador and past pupil David Gillick serving each student a hot, delicious plate of his own healthy chilli which was kindly made and donated to our event by restaurant Counter Culture. This was an extremely generous gesture from both David and Counter Culture and something our students were delighted with, obvious from the amount of students looking for seconds! All in all, our Run for Life event for 2016 was a huge success and a big thank you goes out to all those involved in the organisation of this morning's events!